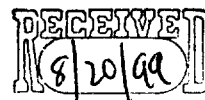




CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

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August 16, 1999

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and Address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- For positive mood.
- Promotes a positive outlook.
- Gently and naturally enhances mood.
- Supports mood by maintaining healthy neurotransmitters in your brain.
- Celestial Seasonings St. John's Wort standardized herb gives you positive support for a good mood.
- St. John's Wort supports mood by helping your brain maintain normal neurotransmitter balance.
- St. John's Wort can also support relaxation and quality of sleep.

Ingredients:

- St. John's Wort herb & extract.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
St. John's Wort

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager

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